

Kenneth V. Hardy PhD

Teens Who Hurt: Effective Strategies for working with Troubled Adolescents.

Winnipeg - April 29th and 30th 2010

APRIL 29th and 30th 2010

Location:
CENTRO CABOTO
CENTRE
1055 Wilkes Ave.
Winnipeg, MB

Both Days Starting at

Registration : 8:30 am
Workshop: 9 am to 4:00 pm

REGISTRATION:
Regular Early Bird: \$245
Students Early Bird: \$175
Prices do not include GST

Early Bird deadline:
February 28th 2010

Regular Registration: \$ 275
Students Registration: \$ 195
Prices do not include GST

SPACES ARE LIMITED

REGISTER ONLINE AT:
WWW.WINNIPEGNARRATIVE
THERAPY.COM

For further Information

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Adolescence is one of the most complex phases of the human development lifecycle. Under the best of circumstances, puberty, the elevated sense of significance assigned to peers, self-centeredness, and a generalized spirit of experimentation, exploration, and "testing of limits" make working with adolescents a challenging endeavor. This work is further complicated when the "normal developmental struggles" of adolescence are compounded by a myriad of emotional, behavioral, familial, and cultural challenges.

"In recent years the number of youth involved in gangs has increased dramatically, and where there are gangs there is violence, the reality is that gangs contribute greatly to the escalation in homicides, aggravated assaults, rapes and other forms of violence that adolescents commit."

"In terms of violence directed inwardly the data are equally distressing. During the past 30 years the adolescent suicide rate has increased 300%. Self harm also includes a wide range of behaviors such as hitting or bruising oneself, cutting, burning, interfering with the healing wounds, excessive nail biting and hair pulling."

This workshop will focus on providing strategies that teachers, counselors, and other human service providers can use in their work with youth who are troubled by circumstances that complicate the negotiation of the "normal developmental struggles" of adolescence. A framework for understanding adolescents who have membership in oppressed groups and who are prone toward angry, aggressive, and explosive behaviors will be presented. Specific strategies for enhancing effective assessment, engagement, and treatment with troubled adolescents will be provided. Special attention will be devoted to examining the critical intersection that often exists between violence, trauma and family impact, and the dynamics of socio-cultural oppression.



Kenneth Hardy, Ph.D., professor of Family Therapy at Drexel University in Philadelphia, Pennsylvania, and is also Director of the Eikenberg Institute for Relationships in New York. He was formerly on the faculty of Syracuse University. Dr. Hardy is internationally known for his work in the area of family therapy and diversity. He is the former Director of the Center for Children, Families, & Trauma at the Ackerman Institute. He maintains a private practice specializing in work with traumatized and oppressed populations. Dr. Hardy is the author of many family therapy articles on trauma, oppression, and racism.

